

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | |
|-------|-------------|--------|--------|---------|-------------|-------|
| 07:00 | | | | | | 07:00 |
| 30 | | | | | | 30 |
| 08:00 | 08:00 | | | | | 08:00 |
| 30 | Fritids MG | 08:20 | 08:20 | 08:20 | 08:20 | 30 |
| 09:00 | | Sv | ELo | Sv | ELo | 09:00 |
| 30 | | | | | | 30 |
| 09:40 | 09:40 | 09:40 | 09:40 | 09:40 | 09:40 | 09:40 |
| 10:00 | Sv | Ma | Ma | En | So | 10:00 |
| 30 | ELo | ELo | ELo | Av | Av | 30 |
| 10:40 | 10:40 | 10:40 | 10:40 | 10:40 | 10:40 | 10:40 |
| 30 | Lunch | Lunch | Lunch | Lunch | Lunch | 30 |
| 11:00 | | | | | | 11:00 |
| 30 | | | | | | 30 |
| 11:40 | 11:40 | 11:40 | 11:40 | 11:40 | 11:40 | 11:40 |
| 12:00 | Ma P1,P2,P3 | So | No | Ma | Idh | 12:00 |
| 30 | ELo | ELo | ELo | ELo | GOL Idr.sal | 30 |
| 12:45 | 12:45 | 12:40 | 12:50 | 12:40 | 12:40 | 12:40 |
| 13:00 | Sv P1,P2,P3 | Sv | Sv | Sv | Fördj. | 13:00 |
| 30 | ELo | ELo | ELo | ELo | SJH | 30 |
| 13:45 | 13:45 | 13:45 | 13:45 | 13:45 | 13:45 | 13:45 |
| 14:00 | | | | | | 14:00 |
| 30 | | | | | | 30 |
| 15:00 | | | | | | 15:00 |
| 30 | | | | | | 30 |
| 16:00 | | | | | | 16:00 |
| 30 | | | | | | 30 |
| 17:00 | | | | | | 17:00 |